

KravCon Schedule

FRIDAY:

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|-------------|--------------------------------------|-----------------|
| 2:30 – 3:30 | Muay Thai for Krav Maga | Will Schneider |
| 3:40 – 4:40 | Winning from the Bottom | Charlie McShane |
| 4:50 – 5:50 | Sparring for the Street | Dennis Forleo |
| 6:00 – 7:00 | How not to get your Azz Kicked Pt. 2 | Harry Hunsucker |

SATURDAY:

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| 8:20 – 8:50 | Boxing Fitness | Chris White |
| 9:00 – 9:50 | A Advanced Stick Disarms Dennis Forleo | B How to hold anyone down, at any time Josh Hesser |
| 10 – 10:50 | Kickboxing sets & Building Drills Harry Hunsucker | Fine tune Krav Basics Leslie Dunaway |
| 11 – 11:50 | Krav on a Bus! Mark Slane | Running a successful Gym Will Schneider |
| 11:50 – 1:00 | LUNCH | |
| 1 – 1:50 | Room A; Teaching Tips for USKMA ground Charlie McShane | Room C Getting your gym to Max profit Will Schneider. |
| | Room B Anything can be a weapon – Jeff Liddle | |
| 2 - 2:50 | Women of Krav – Unleashing your break-thru...Empowering leaders. Ben & Celeste Kohler | Escaping Restraints Matt Kissel |
| 3 – 3:50 | Krav for little people Michael Jozwiak | Arm Drags, Sweeps & Takedowns Jeff Liddle |
| 4 – 4:50 | Improve your footwork w/boxing Tony Matias | Fine Tune Krav Basics Pt. 2 Leslie Dunaway |

Pizza Party at the Gym – 6:30 till Whenever

| Sunday: | A | B |
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| 8:30 – 8:50 | Boxing Fitness | Chris White |
| 9 - 9:50 | BJJ for Self Defense Charlie McShane/Josh Hesser | Boxing Drills for Self Defense Tony Matias |
| 10 – 10:50 | The Mark & Matt Show - Teaching whatever we feel like! We're Retired! | |
| 11 – 11:50 | Balance; Studying/Practicing Violence Ben & Celeste Kohler | Cheating to win Michael Jozwiak |
| 12 – 12:50 | Sequence Training for anything from Krav to BJJ Harry Hunsucker | |

Instructors;

Dennis Forleo; 3rd degree black belt

Josh Hesser; Krav and BJJ Black Belt

Harry Hunsucker; Krav 3rd degree black belt, BJJ black belt, UFC veteran

Leslie Dunaway; 2nd degree black belt

Mark Slane; USKMA founder

Jeff Liddle; 3rd degree black belt

Will Schneider; 4th degree black belt

Ben & Celeste Kohler; 2nd degree black belts

Andrea Tabei; 3rd degree black belt

Matt Kissel; 4th degree black belt

Michael Jozwiak; 3rd degree black belt

Tony Matias; 2nd degree black belt

Charlie McShane; 2nd degree krav black belt, BJJ black belt

Chris White; Black Belt

